

PERSONAL INFORMATION



Papasteri Claudiu-Cristian



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Sex Male | Date of birth 23/09/1989 | Nationality Romanian

WORK EXPERIENCE

2017-2017

Research assistant in IRIS project

Adoption and Impact of Innovative Video Technologies in Public Education and Local Government Services (Adopția și Impactul tehnologiilor video inovative în Serviciile publice de educație și administrație locală - IRIS) (contract no. 319 / 2014, PN-II-PT-PCCA-2013-4-1802)

Business or sector Research

- Data analysis, psychometrics and scale construction

WORK EXPERIENCE

2017-present

Research assistant / postdoc fellow in MET project

Developing a methodology of therapy through theatre with an effect at the neurochemical and neurocognitive levels MET (SMIS 106688, ID P_37_710, contract no. 147 / 26.10.2016)

Business or sector Research

- Data analysis, behavioral testing and psychophysiology

WORK EXPERIENCE

2016-present

Assistant professor at University of Bucharest

Faculty of Psychology and Educational Sciences

Business or sector Cadru didactic în învățământul universitar

- Integrative Psychotherapies, Psychological Assessment, Research practice

WORK EXPERIENCE

2013-present

Psychotherapist, psychological counselor, personal development trainer

Private Practice

Business or sector Psychotherapy, psychological counseling, psychological evaluation, support groups

- Experiential Psychotherapy and Unifying Personal Development

WORK EXPERIENCE

2012-2015

Volunteer at Romanian Association against Leukaemia (ARIL)

Volunteer work

Business or sector Psychotherapy, psychological counseling, psychological evaluation, support groups

EDUCATION AND TRAINING

2013-2016 **PhD. Student**
 Faculty of Psychology and Educational Sciences, University of Bucharest
 ▪ Doctoral School of Psychology, Department of Psychology

EDUCATION AND TRAINING

2011-2013 **Master's Degree in Psychodiagnosis, unifying experiential psychotherapy (JEP) and personal development**
 Faculty of Psychology and Educational Sciences, University of Bucharest
 ▪ Psychological evaluation and psychotherapy

EDUCATION AND TRAINING

2011-present **Training Course in Clinical Hypnosis, Relaxation and Ericksonian Therapy**
 Romanian Association of Clinical Hypnosis, Relaxation and Ericksonian Therapy
 ▪ Psycho-hypnotherapy

EDUCATION AND TRAINING

2009-2011 **NLP Master Practitioner**
 NLP Explorer & System PSI
 ▪ Communication and personal development

EDUCATION AND TRAINING

2008-2011 **Bachelor Degree in Psychology and Licensed Psychologist**
 Faculty of Psychology and Educational Sciences, University of Bucharest
 ▪ General Psychology

EDUCATION AND TRAINING

2004-2008 **High School Diploma - "Tudor Vianu" Informatics National College**
 "Tudor Vianu" Informatics National College
 ▪ Abstract profile, Mathematics-Informatics specialization, Intensive Informatics

PERSONAL SKILLS

Mother tongue(s) Romanian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1
Foreign Languages Centre (C.L.S.) Certificate. Level C1					
German	B2	B1	B2	B1	B2

French	A2	A1	A1	A1

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user
 Common European Framework of Reference for Languages

Communication skills

- Team working skills (accomplished while performing research and project based activities)
- In-group conflict management skills (accomplished in couples counseling and different support groups)
- Rapid learning skills, empathy and profound understanding in social context (accomplished during psychotherapy/counseling work)
- Leadership abilities; capable to facilitate group cohesion (accomplished when working as a group moderator)
- Efficiency in communication; I lead relationships with honesty and openness, respecting the diversity, culture, rules and laws when dealing with colleagues, clients and external contacts (2009: NLP Professional Intensive of Institut de Mind Master & Austrian Training Centre for NLP)

- Organisational / managerial skills**
- Management abilities (accomplished when coordinating research programs and in private practice)
 - Proficiency in working with dead-lines (accomplished in different work projects)
 - Organizational skills (accomplished when coordinating scientific conferences and workshops)
- Computer skills**
- Proficiency in Microsoft Office™ (2005: European Computer Driving Licence Core & Advanced)
 - Good programming skills for C++ (2008: Certificate for professional competences - informatics)
 - Advanced skills in IBM SPSS and Amos (advanced statistics - Doctoral School of Psychology)
 - Good skills in R statistical environment (2014: MOOCs provided by Duke University, Johns Hopkins University; 2017: MOOCs from DataCamp și Udemy; 2017: IRT and CAT using Concerto course from Cambridge University)
- Other skills**
- Profesoral skills (2008-20013: Psychopedagogy Module I, II)
 - Psychotherapeutical skills, and in psycho-oncology (2014: „The psychotherapeutic approach of oncological patients” Course coordinated by dr. Laura Radu and ARHTE)

ADDITIONAL INFORMATION

- Presentations**
- Nedelcea, C., Papasteri, C.C., Ciorbea, I., Chivu, A.C., Pascal, A.S. & Cosmoiu, A.M. (2018). The role of attachment disorganization and anxiety in dissociation: exploring possible conditional indirect effects. Prezentare orală în cadrul Society for Psychotherapy Research (SPR) 49th International Annual Meeting, Amsterdam, Netherlands, 27 – 30 Iunie, 2018.
- Ionescu, S., Papasteri, C.C., Gradels, J., Caplain, C.-É., Boyancé, M., Nedelcea & C., Vasile, D. (2018). Résilience, facteurs de risque et de protection chez des étudiants français. Prezentare orală în cadrul 4h World Congress Resilience, Marseille, France, 28-30 Iunie 2018.
- Nedelcea, C., Vasile, D., Ciorbea, I., Ionescu, S. & Papasteri, C.C. (2018). Development of a Romanian PTSD questionnaire, based on the DSM – 5 conceptualizations: factor structure and psychometric properties. Prezentare orală în cadrul 4h World Congress Resilience, Marseille, France, 28-30 Iunie 2018.
- Papasteri, C.C. (2017). Ecological momentary assessment of depressive mood ratings in group psychotherapy outcome trials: a pilot study on Romanian breast cancer patients. *Psycho-Oncology*, 26(S3), 61. Prezentare orală în cadrul 19th International Psycho Oncology Society World Congress, 14-18 August 2017.
- Nedelcea, C, Gorbănescu, A., Papasteri, C.C. & Ciorbea I. (2017). The assessment of anxiety using metaphors. A preliminary research report. Brief Paper presented at Society for Psychotherapy Research (SPR) 48th International Annual Meeting, Toronto, ON, Canada, June 21-24 2017.
- Papasteri, C.C. (2016). Psychological predictors of the perceived need for psychosocial care in Romanian cancer patients. *Psycho-Oncology*, 25(S3), 9. Prezentare orală în cadrul 18th International Psycho Oncology Society World Congress, 17th – 21st October 2016.
- Co-organizer of the „Adolescents at crossroads?” Symposium at Psiworld 2010 International Conference “Psychology and the Realities of the Contemporary World”
- Trainer for workshop sessions entitled „Psycho-Oncology: Psychotherapy and assessment in cancer settings”
- Trainer for workshop sessions entitled „Support groups and individual therapy for cancer patients: How do we help them when shedding tears is not enough?”
- Projects**
- 2011: Seminars on professional orientation of 12 grade students; project coordinated by prof. Anca Matache - Liceul Teoretic Ion Creangă, Str. Rădulescu Motru nr. 51, sect.1, București
- Awards**
- European doctoral fellowship 01.10.2014-01.10.2015 “Successful young researchers - professional development in interdisciplinary and international context”: POSDRU/159/1.5/S/132400 financed from the European Social Fund through Sectoral Operational Programme Human Resources Development 2007-2013
- Research performance fellowship 01.11.2010 – 30.06.2011 for studies titled “Investigarea decodării conștiente sau inconștiente a microexpresiilor faciale prin analiza ratei clipirii” (eng. „Exploring the conscious or unconscious decoding of facial microexpressions through Eye-Blink Rate Analysis”)
- Memberships**
- Romanian College of Psychologists (COPSI)

Romanian Association of Clinical Hypnosis, Relaxation and Ericksonian Therapy (ARHTE)
 Romanian Psychooncology Association (ARPO)
 International Psycho-Oncology Society (IPOS)
 Assessment of Psycho-Social and Communication Needs In Oncology Patients (APSCO)

Published books

- Papasteri, C.C. (2013). Afecțiunile oncologice, Abordarea psihoterapeutică experiențială unificatoare. Editura Sper, București. (eng. „Oncological affections, The experiential psychotherapy approach”)

Published articles

- Papasteri, C.C., Sofonea, A., Boldasu, R., Poalelungi, C., Tomescu, M. I., Pistol, C.A.D., Nedelcea, C., Podina, I.R., Berceanu, A.I., Froemke, R.C. & Carcea, I. (2020). Social Feedback During Sensorimotor Synchronization Changes Salivary Oxytocin and Behavioral States. *Frontiers in Psychology*, 11, 2495.
- Stanciu, M. M., & Papasteri, C. (2018). Intelligence, personality and schizotypy as predictors of insight. *Personality and Individual Differences*, 134, 43-48.
- Stanciu, M., & Papasteri, C. C. (2017). Validation of the Romanian Oxford-Liverpool Inventory of Feelings and Experiences (O-LIFE): Description, Psychometric Properties and Factor Structure. *Journal of Evidence-Based Psychotherapies*, 17(1), 67-88.
- Papasteri, C.C. & Neagoe, I.M. (2016). Using the Nottingham Health Profile with cancer patients: Factorial validity and psychometric properties of the Romanian adapted version. *Journal of Experiential Psychotherapy*, 19(2), 40-50.
- Papasteri, C. C., & Iulian, A. G. (2015). Tailoring a Multicomponent–Psychotherapy and Dietary–Intervention to Cancer Patient Needs. *Procedia-Social and Behavioral Sciences*, 187, 118-123.
- Papasteri, C.C. & Neagoe, I.M. (2015). Chronic pain management in the Unifying Experiential Psychotherapy (U.E.P.) framework: principles and a working protocol. *Journal of Experiential Psychotherapy*, 18(1), 26-36.
- Papasteri, C. (2011) “Investigarea decodării conștiente sau inconștiente a microexpresiilor faciale prin analiza ratei clipirii” în volumul Congresului Internațional de Psihologie, Ediția a patra, Cercetarea Modernă în Psihologie: Direcții și Perspective, Sibiu, 03-05 iunie 2011, Editura Universitară.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A. (2010). Reactivitatea fiziologică în procesarea și identificarea microexpresiilor faciale. Simpozionul național de psihologie aplicată în mediul militar “Psihomil VII”, 4 iunie 2010, București, Editura Tehnică Militară.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A. (2010). Reactivitatea fiziologică a adolescenților expuși desenelor animate violente și nonviolente măsurată cu ajutorul tehnicii poligraf, în volumul Congresului internațional Cercetarea modernă în psihologie. Cercetări Cantitative vs calitative? Sibiu, 21-23 mai 2010.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A., Ciolacu, M., Vlăsceanu, S. (2010). Utilizarea softwareurilor de analiză și modelare a sarcinilor testării subliminale în psihologia experimentală, în volumul conferinței “AVII a conferință națională de interacțiune om-calculator”.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A., Ciolacu, M., Vlăsceanu, S. (2010). Detectarea microexpresiilor faciale cu ajutorul interfaței software specializată, în volumul conferinței “Psihologie și societate”- Sesiune anuală de comunicări științifice cu participare internațională și cu participarea unor nume marcante în domeniul psihologiei din diaspora românească, Ed. Titu Maiorescu.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A., Ciolacu, M., Vlăsceanu, S. (2010). Influența comunicării la celular asupra timpului de reacție, “Psihologie și societate” – Sesiune anuală de comunicări științifice cu participare internațională și cu participarea unor nume marcante în domeniul psihologiei din diaspora românească, 12-13 iunie 2010, Bucuresti, Ed. Univ. Titu Maiorescu.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A., Ciolacu, M., Vlăsceanu, S. (2010). Influența utilizării celularului asupra situații lor simulate în traficul rutier. În volumul conferinței “De la cunoaștere la intervenție în psihologie Ediția a II-a”, Venus, 26- 30 mai 2010, pp. 82-85.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A., Ciolacu, M., Vlăsceanu, S. (2010). Influența deprivării de somn asupra timpului de reacție compus. În volumul conferinței “De la cunoaștere la intervenție în psihologie Ediția a II-a”, Venus, 26-30 mai 2010, pp. 86-89.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A., Ciolacu, M., Vlăsceanu, S. (2010). Abordări teoretice și experimentale privind reactivitatea Psihofiziologică la poligraf. În volumul conferinței “De la cunoaștere la intervenție în psihologie Ediția a II-a”, Venus, 26-30 mai 2010, pp. 108-112.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A. (2009). Influența situațiilor stimul agresive asupra reactivității fiziologice înregistrate de poligraf. Simpozionul național de psihologie aplicată “Psihomil VI”, București, Editura Tehnică Militară.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A. (2009). Influența stimulilor vizuali subliminali în

procesarea semantică vs procesarea vizuală, în volumul celei de a doua conferință națională a psihologilor școlari “Competențele psihologului școlar în contextual globalizării”, Oradea.

- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A. (2009). The Psychosocial implication in teenage exposure to aggressive blood visual stimuli evidenced by the polygraph, A IV-a sesiune de comunicări științifice cu participare internațională – sesiune aniversară la împlinirea a 60 de ani de existență: “Standardele de performanță în dezvoltarea carierei: priorități și oportunități”, Ministerul Administrației și Internelor, Academia de Poliție A.I.I. Cuza, Institutul de Studii pentru Ordine Publică, București 19-20.10.2009.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A. (2009). The influence of words and violent movies as stimuli in polygraph psychological reactions in youngsters, Congresul internațional de psihologie “Cercetarea psihologică modernă. Direcții și perspective”, Sibiu, 22-24 mai, 2009, pp. 69-75, Editura Universitară.
- Aniței, M., Chraif, M., Papasteri, C., Neacșu, A. (2009). The psychosocial implications in teenage exposure to aggressive verbal stimuli evidenced by the polygraph, Conferința internațională de psihologie „Psihologul în comunitate”, Arad, 17-20 septembrie, 2009.
- Aniței, M., Chraif, M., Neacșu, A., Papasteri, C. (2009). Tehnicile de recunoaștere subliminală în stimularea vizuală și semantică, Conferința Internațională “Educație și creativitate pentru o societate bazată pe cunoaștere” Ediția a 3-a, 19-20 noiembrie 2009, Universitatea Titu-Maiorescu.

Seminars

- „Psychotherapeutic approach in oncology” coordinated by psih. Alina Mihaela Stanciu, International Conference of Experiential Psychotherapy and Unifying Personal Development, the 4th Edition, March 23-24, 2013, Bucharest.
- „Introduction to body-psychotherapy: Connecting to implicit memories of different parts of the body” coordinated by Prof. Amara Renate Eckert and Prof. Gerd Fichtner, International Conference of Experiential Psychotherapy and Unifying Personal Development, the 4th Edition, March 23-24, 2013, Bucharest.
- „Modern tendencies in ericksonian hypnosis” coordinated by Prof. Irina Holdevici and Teaching assistant Petrișor Țepurlui, International Conference of Experiential Psychotherapy and Unifying Personal Development, the 4th Edition, March 23-24, 2013, Bucharest.
- „Scenarios – Undramatization – Scenarites” coordinated by Prof. Iolanda Mitrofan, International Conference of Experiential Psychotherapy and Unifying Personal Development, the 4th Edition, March 23-24, 2013, Bucharest.
- „The holistic integrative approach to neoplastic disease therapy. Therapeutic relationship – specifics, mechanisms, possibilities and limits of action” coordinated by Assistant professor Theodor Vasile, International Conference of Experiential Psychotherapy and Unifying Personal Development, the 3rd Edition, February 18-19, 2012, Bucharest.
- „Hypnotherapy in psychogenic sexual disorders” coordinated by Prof. Irina Holdevici, Assistant professor Petrișor Țepurlui and Assistant professor Valentina Neacșu, International Conference of Experiential Psychotherapy and Unifying Personal Development, the 3rd Edition, February 18-19, 2012, Bucharest.
- „The antinomies in the clinical and health psychology. The courage to be imperfect” coordinated by Prof. Mario Fulchieri, International Conference of Experiential Psychotherapy and Unifying Personal Development, the 3rd Edition, February 18-19, 2012, Bucharest.
- „Fundamentals and applications of item response theory (modern mental test theory) in personality, clinical, social, and organizational psychology” organizat de prof. Puiu Vasilescu, Congresul Internațional de Psihologie – Cercetarea psihologică modernă: cercetări cantitative vs. cercetări calitative, 21-23 mai 2010, Sibiu.
- „Methods for building and validating the skills tests battery in transport and work psychology” organized by prof. Mihai Aniței and assistant professor Mihaela Chraif, The Internațional Conference The psychologist in the Community, 17-20 September 2009, Arad.

ANNEXES